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Autores	Fabiano Koich Miguel
Autor (es) USF	Ana Carolina Zuanazzi Fernandes Anna Elisa de Villemor Amaral
Autores Internacionais	
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Resumo	Emotional intelligence relates to the ability to adequately perceive and understand emotions and to manage them in an adaptive and constructive manner. Emotion regulation is part of the construct and is traditionally assessed by way of hypothetical stories, which are similar to self-reports. Although developed prior to the proposal of the emotional intelligence construct, projective techniques, which are considered performance instruments, also feature indicators of emotion regulation. The presente study's aim was to discover which variables in Pfi ster's Color Pyramid Test would be associated with na indicator of cognitive emotion regulation in the Zulliger Inkblot Test. Ninety-eight people participated in the survey, 57.1% of which were women. Linear regression analysis showed that the frequencies of Pure Carpet and Bored Carpet (both negative) in the Pfi ster test were predictors of the Zulliger emotionregulation formula. It is believed that aspects of emotional intelligence can also be found in projective techniques. The association between Pfi ster's and Zulliger's variables is discussed as an indicator of psychological health.
Fomento	