WELCOME **Brasil - USF**







Welcome to Brazil!

Welcome to Brazil! We are glad to have you here for this unique exchange experience at our university. Brazil is a known for its rich culture and diversity and we are sure you will create unforgettable memories during your stay. Our International Relations Office team is ready to help in every way we can, so that you make the most of this opportunity.



Introduction to the NRI:

The International Relations Office (NRI) will be your main reference throughout your exchange period. Our mission is to assist foreign students in adapting to academic and cultural life in Brazil, providing support in administrative, academic, and everyday matters. We will be glad to answer any question you might have and to provide information on our academic system. Please feel free to reach out to us.

NRI as your support contacts:

International Relations Office (NRI): Email: nri-usf@usf.edu.br Phone: + 55 11 2454-8267 Office Hours: Monday to Friday, from 8 a.m. to 21 p.m.

Basic Safety Information



Avoid unfamiliar areas at night:

For safety reasons, we recommend that you avoid walking alone at night in areas you are not familiar with. If you need to go out, opt for reliable taxis or ride-sharing apps.

Use reliable transportation:

Always use reliable transport, such as official apps (Uber, 99) or cabs. Don't accept rides from strangers. In Bragança Paulista, the most used for transportation is VRDrive.

Be mindful of your belongings:

When walking around, especially in tourist areas, or riding public transportation, keep your personal belongings in sight at all times. Avoid using your phone or other valuables in crowded places.

Food and Delivery Services:

For convenience and safety, we suggest using the iFood app, which is widely appreciated in Brazil for ordering meals from a variety of restaurants. You can easily browse options, order food, and have it delivered to your location.

Emergency contacts

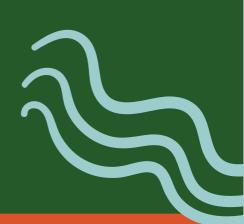
Memorize and keep handy emergency numbers in Brazil:



Take care of your documents:

We recommend that you make copies of important documents (passport, visa, etc.) and keep them separate from the originals. In case of loss or theft, this will make the recovery process easier.

Living and Learning in Brazil



Greetings and interaction:

In Brazil, it is common to greet with a hug or kisses on the cheek. It is important to respect such habits and respond with cordiality. Brazilians are generally very warm and welcoming.

Schedules and Deadlines:

In Brazil, there is some flexibility regarding schedules, especially in social events. However, in academic and professional contexts, it is important to be punctual and respect deadlines.

Food and Health:

Brazilian Cuisine:

Brazil is known for its varied cuisine and typical dishes that vary from region to region. Try local dishes like feijoada, pão de queijo, acarajé, and açaí, and be open to new culinary experiences. Safe Water and Food: Always prefer to drink mineral or filtered water. Avoid directly from the tap water directly, as it may not be safe. When dining out, choose reputable establishments and avoid consuming food from questionable sources to ensure your health.

USF Connect and Student ID

Step by Step:

As a student at Universidade São Francisco (USF), you have access to your student ID through the USF Connect app. This digital ID includes your Academic Registration Number (RA) and provides you with various benefits and essential campus services.



- Events and Lectures: Use your ID to attend special lectures, workshops, and university events. It works as a free pass to participate in various academic and extracurricular activities.
- Library Access: Your virtual ID allows you to borrow books and access other library resources. Simply present your digital ID at the circulation desk or scan it at self-checkout kiosks.
- Student Benefits: many student benefits, such as discounts at partner establishments, student pricing for events, and other perks.

Enjoy your stay in

BRAZIL

and don't hesitate to contact us if you need anything.

International Relations Office.



