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| Tipo | Periódico |
| Título | Dass-21: Assessment of Psychological Distress Through the Bifactor Model and Item Analysis |
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| Programa/Curso (s) | Programa de Pós Graduação Stricto Sensu em Psicologia |
| DOI | 10.1590/1413-82712021260413 |
| Assunto (palavras chaves) | stress; anxiety; depression; internal structure; test validity |
| Idioma | Inglês |
| Fonte | Título do periódico: Psico-USF ISSN: 2175-3563 Volume/Número/Paginação/Ano: 26/757-769/2021 |
| Data da publicação | 11-3-2022 |
| Formato da produção | Digital |
| Resumo | The term distress has been used to refer to a continuous variable operationalized through symptoms of depression, anxiety, and stress. In this study, psychological distress is measured using the Depression, Anxiety, and Stress Scale (DASS-21). Confirmatory Factor Analysis compared the fit of different measurement models for the DASS-21, with the parameters of the items verified through the Andrich rating scale model. A non-clinical sample of 530 participants (mean age=24.35±6.55 years; 71.89% women) responded to the instrument. According to the theoretical hypothesis, the results indicated a better fit for the bifactor model, composed of three specific factors (depression, anxiety, and stress) and a general factor (general psychological distress). The assessment of the item properties allowed for a better understanding of the organization of the continuum represented by the construct psychological distress. It is possible to conclude that the Brazilian version of the DASS-21 is an adequate measure for psychological distress. |
| Fomento | |